



Best Practice use of Covid-19 CRF Funds

1. Title of Program: Free Counseling Services
2. Description of Program:

Washington County Behavioral Health recently launched a new free counseling service aimed at helping people endure the impacts of the pandemic on addiction, mental illness and stress. This includes supportive counseling with an emphasis on developing coping skills and resilience, screening for suicidal ideation and substance use treatment needs, referral and connection to longer therapies. Estimates suggest that up to 50% of the population will need services but few seek it. This also allows for Providers to increase staffing. Similar programs were found in Snohomish County, Washington; Boone County, Missouri; and Lancaster County, Pennsylvania.
3. Name of County: Washington County, Oregon
4. Primary Contact Name: N/A

Address: 155 N. First Ave, Hillsboro, OR 97124

Phone Number: 503-846-8685

Email Address: N/A
5. Amount Invested: \$ 2,000,000
6. Current Status:

In progress. The population of Washington County, Oregon is about 600,000.